



Greetings Academy members,

We have this innate urge to shield the young ones in our lives from the ugly injustices in our world. However, whether we like it or not, they are experiencing and embodying racial profiling and prejudices as early as preschool; they are watching news coverage about the brutal murder of George Floyd at the hands of a police officer and institutions in dire need of reformation, and the increase of hate crimes within the past few years targeting various ethnic and religious communities. As uncomfortable as it may feel for some parents and educators, it is imperative that we discuss the implications and realities of racism and prejudice with our children and students in junction with our lessons on social-emotional learning. We have some articles and educational materials on the topic of racism that are helpful in facilitating a healthy conversation on racism and prejudice with your children and/or students, and especially for personal reflection.

How White Parents Can Talk About Race

For many black parents, the reality of racial discrimination in America means that they typically teach their kids about it early on as a means of protecting them. However, many white parents are afraid to bring up the subject, sometimes because they're not comfortable with it themselves. [NPR published a helpful article written by author Jennifer Harvey](#) which outlines how white parents can approach conversations with their children regarding current racially-charged events and promote authentic discussions of equality and anti-racism.

Being Anti-Racist

The National Museum of African-American History and Culture is [featuring an article written by Angela Davis](#), the famous political activist who has dedicated most of her work towards the abolition of the current prison system. In her article, she outlines the various forms of racism in different aspects of our lives and how to make the choice to become anti-racist and contribute to the fight against racism.



Books by Authors of Color

Looking for diverse books to inculcate reading habits among children during this summer? [Check out this link](#) for a list of books on people of color and how to access them online.

Kidsbridge at Home

Kidsbridge Tolerance Center, a non-profit organization based in New Jersey, recently started [Kidsbridge at Home](#), a website that provides free activities and resources that teach social-emotional skills aimed at promoting empathy, respect for all people, and reducing stereotypes and biases. Kidsbridge has [nine weeks of lessons](#) for your SEL development.



KIDSBRIDGE
Programs for Bullying Prevention, Social-Emotional Skills, and Diversity Education.
Either at the Center or mobile to your school!



Message to the Class of 2020

Here are sagacious [words of encouragement and advice from Carlos Rodriguez](#), a Puerto Rican Postal Service Worker on NPR's website; he gives words of advice, motivation, and hope to the Class of 2020 to emerge from these trying times.

