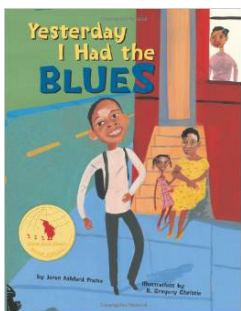


## Children's Literature that Supports Social and Emotional Learning

Children's literature provides both mirrors and windows for readers. Some books are mirrors, reflecting children's experiences, feelings, and cultures. Other books are windows, giving children an opportunity to see the world through others' eyes. Reading books that reflect our diverse population enhances children's social and emotional development, especially the ability to take the perspective of and empathize with others.

### SELF-AWARENESS

Recognizing & naming your emotions; having confidence and optimism

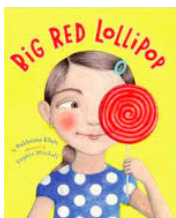


*Ana Hibiscus' Song*, by Atinuke  
*The Colors of Us*, by Karen Katz  
*A Gift from Papá Diego/Un Regalo de Papá Diego*, by Benjamin Alire Saenez  
*How Are You Peeling? Foods with Moods*, by Saxton Freymann  
*In My Family*, by Carmen Lomas Garza  
*I Love My Hair*, by Natasha Anastasia Tarpley

*Looking Like Me*, by Walter Dean Myers  
*Lots of Feelings*, by Shelley Rotner  
*Mama's Sari's*, by Pooja Makhijani  
*Marisol MacDonald Doesn't Match*, by Monica Brown  
*Meet Danitra Brown*, by Nikki Grimes  
*My Cold Plum, Lemon Pie, Bluesy Mood*, by Tameka Fryer Brown  
*Too Many Tamales*, by Gary Soto  
*The Way I Feel*, by Janan Cain  
*The Three Names of Me*, by Mary Cummings  
*Yesterday I Had the Blues*, by Jeron Ashford Frame

### SELF-MANAGEMENT

Managing emotions and behaviors; working toward personal goals

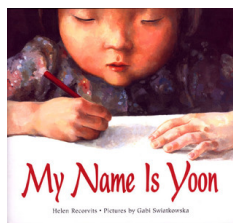


*Big Red Lollipop*, by Rhuksana Khan  
*Brown Girl Dreaming*, by Jacqueline Woodson (Novel)  
*The Day of Ahmed's Secret*, by Florence Parry Heide  
*Esperanza Rising*, by Pam Munoz Ryan (Novel)

*Grump, Groan, Growl*, by Bell Hooks  
*The Heart of a Chief*, by Joseph Bruchac (Novel)  
*Knock Knock: My Dad's Dream For Me*, by Daniel Beaty  
*Lilly's Purple Plastic Purse*, by Kevin Henkes  
*Little Melba and her Trombone*, by Katheryn Russell-Brown  
*Mouse Was Mad*, by Linda Urban  
*My name is María Isabel*, by Alma Flor Ada (Chapter book)  
*The Quiet Place*, by Sarah Stewart  
*Rickshaw Girl*, by Mitali Perkins (Chapter book)  
*Serafina's Promise*, by Ann E. Burg (Novel in verse)  
*Sky Sisters*, by Jan Boudreau Waboose  
*Sometimes I'm Bombaloo*, by Rachel Vail  
*Twist: Yoga Poems*, by Janet Wong  
*Upside Down Boy*, by Juan Felipe Herrera

### SOCIAL AWARENESS

Ability to take perspective of and empathize with others



*Amelia's Road*, by Linda Jacob Altman  
*Back of the Bus*, by Aaron Reynolds  
*The Colour of Home*, by Mary Hoffman  
*Deep in the Sahara*, by Kelly Cunnane

*Goin' Somewhere Special*, by Patricia McKissack  
*Halmoni's Picnic*, by Sook Nyul Choi  
*Here I Am*, by Patti Kim  
*I Lost My Tooth in Africa*, by Penda Diakitè  
*I Love Saturdays y Domingos*, by Alma Flor Ada  
*Indian Shoes*, by Cynthia Leitich Smith (Short Stories)  
*Inside Out and Back Again*, by Thanhha Lai (Novel in verse)  
*Last Stop on Market Street*, by Matt De La Pena  
*Marisol McDonald Doesn't Match/Marisol McDonald No Combina*, by Monica Brown

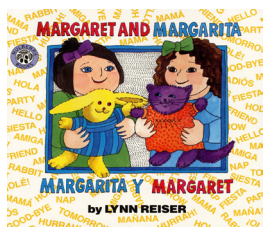
# Children's Literature that Supports Social and Emotional Learning (cont'd)

## SOCIAL AWARENESS (cont'd)

*Mirror*, by Jeannie Baker  
*Muskrat will be Swimming*, by Cheryl Savageau  
*My Name is Bilal*, by Asama Mobin-Uddin  
*My Name is Yoon*, by Helen Recorvits  
*Nadia's Hands*, by Karen English  
*New Shoes*, by Susan Myer  
*One Crazy Summer*, Rita Williams Garcia (Novel)  
*Rain School*, by James Rumford  
*Same, Same, But Different*, by Jenny Sue Kostecki Shaw  
*Shades of People*, by Shelly Rotner  
*Skin Again*, by Bell Hooks  
*Suki's Kimono*, by Chieri Uekagi  
*Take Me Out to the Yakyu*, by Aaron Meshon  
*The Ugly Vegetables*, by Grace Lin  
*Wonder*, by R.J. Palacio

## RELATIONSHIP SKILLS

### Building & maintaining positive relationships



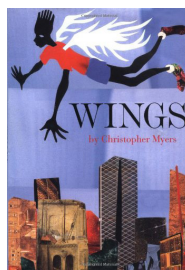
*Across the Alley*, by Richard Michelson  
*Crossing Bok Chitto*, by Tim Tingle  
*Danitra Brown Leaves Town*, by Nikki Grimes  
*Dear Whiskers*, by Ann Whitehead Nagda (Chapter book)

*Each Kindness*, by Jacqueline Woodson  
*Extra Credit*, by Andrew Clements (Novel)  
*Four Feet, Two Sandals*, by Karen Williams  
*A Friendship for Today*, by Patricia McKissack (Novel)  
*Grandfather Counts*, by Andrea Cheng  
*Make Way for Dyamonde Daniel*, by Nikki Grimes  
*Margaret and Margarita/Margarita y Margaret*, by Lynn Reiser  
*Matthew and Tilly*, by Rebecca Jones  
*My Name is Sangoel*, by Karen Williams and Khadra Mohammed

*My Name is Bilal*, by Asma Mobin-Uddin  
*My Way/A Mi Manera*, by Lynn Reiser  
*Name Jar*, by Yangsook Choi  
*The Other Side*, by Jacqueline Woodson  
*Pink and Say*, by Patricia Polacco  
*Sitti's Secret*, by Naomi Shihab Nye  
*Sumi's First Day of School Ever*, by Soyung Pak  
*Yo! Yes?*, by Chris Raschka

## RESPONSIBLE DECISION-MAKING

### Making decisions considering the well-being of self and others



*Baseball Saved Us*, by Ken Mochizuki  
*A Chair for my Mother*, by Vera B. Williams  
*Crow Boy*, by Taro Yashima  
*First Day in Grapes*, by L. King Perez  
*Freedom Summer*, by Deborah Wiles  
*Grandmama's Pride*, by Becky Birtha  
*Harvesting Hope: The Story of Cesar Chavez*, by Kathleen Krull

*King for a Day*, by Rhuksana Khan  
*Lizzie Bright and the Buckminster Boy*, by Gary D. Schmidt (Novel)  
*A Long Walk to Water*, by Linda Sue Park (Novel)  
*Mama Provi and the Pot of Rice*, by Sylvia Rosa Casanova  
*My Heart Will Not Sit Down*, by Mara Rockcliff  
*Nasreen's Secret School*, by Jeannette Winter  
*New Shoes*, by Susan Meyers  
*One*, by Kathryn Otoshi  
*One Hen*, by Katie Smith Milway  
*Rosa*, by Nikki Giovanni  
*Sam and the Lucky Money*, by Karen Chinn  
*Say Something*, by Peggy Moss  
*Teammates*, by Peter Golenbock  
*Unspoken*, by Henry Cole  
*Wings*, by Christopher Myers

For more recommended children's books, visit:  
[www.open-circle.org/literature](http://www.open-circle.org/literature)